beauty: you ask

Three pros solve your beauty dilemmas

Eyebrows should always look natural
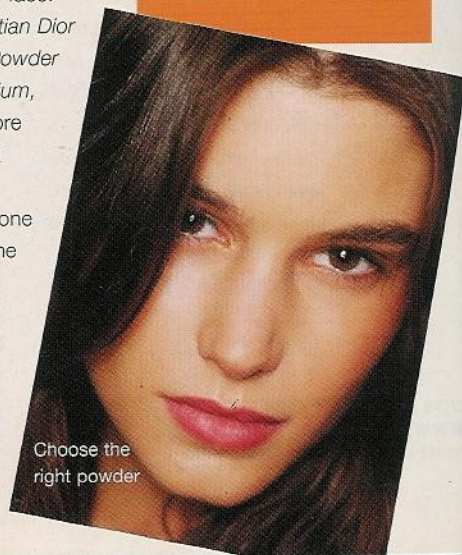
Q: Should my eyebrows match my hair colour? —*Audrey Rooke, Grande Prairie, Alta., winner of November's Eucerin prize*

A: If you colour your hair, don't change your eyebrows to match exactly; a perfect match will look fake, says colourist **Matthew B.** of Amato Hair Studio in Beverly Hills. Whether you choose to slightly lighten or darken them, keep your eyebrows looking natural. If you dye your hair blond, dye your eyebrows one shade lighter than their natural colour to keep your face defined. If you don't dye your hair, leave the colour of your eyebrows as is, but shape them to frame your face.

Q: Is it safe to apply ice to inflamed blemishes? —*Michelle T., Chatham, Ont.*

A: According to Hamilton dermatologist **Dr. Peter Vignjevic**, the cold temperature of ice causes blood vessels to shrink, which helps reduce the redness and swelling of a blemish. Although the ice won't do any damage to your skin, the improvement you'll notice is only temporary. For spot-treating acne flare-ups, look for topical products with salicylic acid, benzoyl peroxide or vitamin A acid (available by prescription only). FLARE's pick: RoC DermatologiC Purif-AC Fast Action Gel, 15 mL, $20.

Q: What type of powder should I wear over my foundation? —*Sabrina M., Toronto*

A: Use a loose translucent powder if you want a more natural, sheer finish, says Toronto makeup artist **Mona Sharma**. After applying foundation and concealer, use a large powder brush to lightly dust the powder across your face. FLARE's pick: Christian Dior Diorskin Compact Powder in Transparent Medium, $37. If you want more coverage, choose a powder shade that matches your skin tone and apply it the same way. FLARE's pick: Prescriptives Virtual Matte Oil-Control Pressed Powder Level 2, $42. **F**

Choose the right powder

For where-to-buy, see Stylesource.